

# Evaluation and Treatment of the Patient with Orthopedic Dysfunction Post-Surgery

## **Presenters\*:**

~~John Flood, DO, FAOAO, FACOS;~~ Roy Bechtel, PT, PhD; and Scott Benjamin, PT, DScPT

## **Date:**

February 18-19, 2012

## **Place:**

Physical Therapy First  
200 W. Cold Spring Lane  
Suite 300  
Baltimore, MD 21210

This course has been approved by the Maryland State Board of Physical Therapy Examiners  
For 1.4 CEUs

\*Sponsored by FBB Seminars

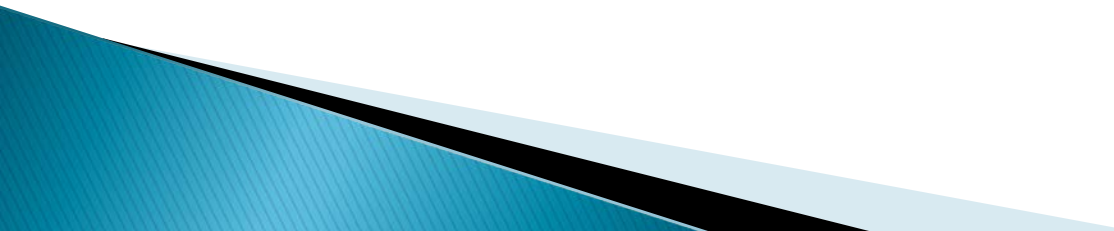


## Topics Covered:

### **Day 1 (8-4:30)**

- Is all LBP truly lower back pain? (Surgeon's perspective)
- What is spinal stenosis and can we treat it effectively? (Therapist's and Surgeon's perspectives)
- Important imaging findings pre and post surgery
- Laboratory values and medical examination facts PTs should know
- Surgical overview and illustrations
- Surgical highlights for common surgeries
- Do's and Don'ts of rehabilitation for patients post surgery
- Why manual therapy makes sense (The Grand Unified Model)
- Why exercise makes sense

### **Day 2 (8-3:30)**

- Physical therapy examination for the patient post-surgery
  - Manual therapy techniques every clinician can use
  - Exercises for improving motor control of the lumbar spine and pelvis
  - Functional sling patterns and evidenced-based exercises
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## About the presenters:

Dr. Flood is an Assistant Clinical Professor at Michigan State University College of Osteopathic Medicine, as well as an orthopedic consultant to the University's Athletic Department. Dr. Flood was in active military service with the US Navy, serving as an orthopedic surgeon in US Naval Hospitals in Okinawa, Japan and Charleston, South Carolina, as well as director of resident education in Charleston. He achieved the rank of Lieutenant Commander and, after resigning, continued his medical education with advanced fellowship training in spinal surgery at Michigan State University. Dr. Flood is a Diplomate of the American Osteopathic Board of Orthopedic Surgery, a Fellow of the American Osteopathic Academy of Orthopedics and of the American College of Osteopathic Surgeons. He is also an accomplished and frequent lecturer on advanced spinal care and surgery at conferences, medical centers, and medical schools across the country. \*

Dr. Bechtel is an adjunct Assistant Professor in the Department of Physical Therapy & Rehabilitation Science in the School of Medicine at the University of Maryland, Baltimore, and has conducted continuing education courses nationally and internationally. He is also co-author of the book *Cram Sessions on Functional Anatomy: Applications and Problem Solving for Real-Life Situations*, published by Slack. Dr. Bechtel is a member of the American Society of Biomechanics, the American Academy of Orthopaedic Manual Physical Therapists, the North American Spine Society, and the American Physical Therapy Association.

Dr. Benjamin received his BS in PT degree from the University of Illinois at Chicago in 1989 and his DScPT was completed at the University of Maryland, in 2006. He is co-author of papers on isokinetics, modalities, aquatics and recently on the isolation of the lumbar multifidus muscle in rehabilitation. Dr. Benjamin also has co-authored the book titled *Cram Sessions on Functional Anatomy: Applications and Problem Solving for Real-Life Situations*. Dr. Benjamin is a member of the American Academy of Orthopaedic Manual Physical Therapists, the North American Spine Society, and the American Physical Therapy Association.

**\*Due to unforeseen events, Dr. Flood will be unable to join us in Baltimore. Dr. Benjamin and I will present Dr. Flood's material. Dr. Flood has offered to respond to participants' questions via email after the course.**

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Should it be necessary for FBB Seminars to cancel the course for any reason, you will be notified by email, and a full refund will be provided.

If the course is rescheduled, you will be given the option of a refund or automatic pre-registration for the rescheduled course.

**Cost:** \$350.00                      **CEUs approved** 1.4      **Class Size:** 30 participants, maximum

Name: \_\_\_\_\_

Medical Specialty (MD, PT, PA, etc.): \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

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