



MY SUCCESS STORY

I had an excellent experience at Physical Therapy First (PTF). I am 69 years old and had a full hip (left) replacement on 5/20/2014. I started therapy at PTF in June. My therapist was Cara. I had 1-2 appointments per week over the next several months. At first, therapy was focused on my hip. I was anxious to recover and carry out normal life. Cara was most helpful and at one point, I asked her to work me harder and she complied. The hip recovery went extremely well. I also had some neck discomfort as a result of sleeping on my back after the surgery. Cara also tackled that with good results. I was most impressed with Cara's range of knowledge, technique, and my results. Cara is an excellent therapist as well as being a very nice person. I was highly pleased with my treatment at PTF.

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SIGNATURE: Shirley Reizenfels (TED) 12/11/2014

Note: if too long, feel free to edit.